

Co-ordinator:



**Social Innovation Fund, SIF**

Savanoriu pr.1, LT-44255 Kaunas, Lithuania  
Phones: +370 37 206575, +370 37 208331.  
Fax: +370 37 206575  
Web-site: <http://www.lpf.lt>  
E-mail: [L.Mecajeva@lpf.lt](mailto:L.Mecajeva@lpf.lt)

*This project is co-funded by the European Union in the framework of the  
Socrates Programme, Grundtvig I Action,  
Financial Agreement No. 109771-CP-1-2003-1-LT-GRUNDTVIG-G1*



**Partners:**

- Office of the Equal Opportunities Ombudsman (LT)
- Women's Enterprise Agency (FI)
- Finnish Institute of Occupation Health (FI)
- Stockport College (UK)
- Group for European Integration [GIE], (RO)
- ATHENA - Association for Education and Development of Women (CZ)
- The State College of Education in Vienna (AT)
- Association of Spread of Knowledge "Missal" (BG)

COMMISSION OF THE EUROPEAN COMMUNITIES  
DIRECTORATE - GENERAL FOR EDUCATION AND CULTURE

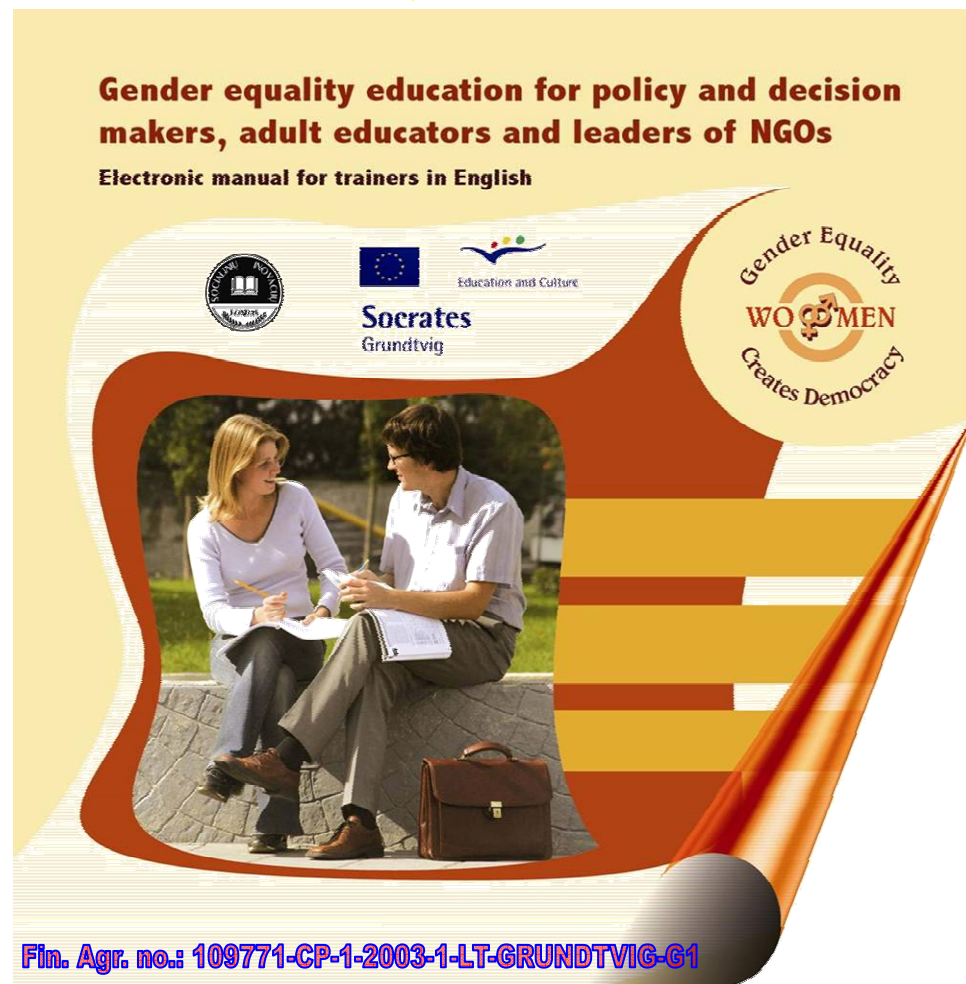


**SOCRATES PROGRAMME  
TRANSNATIONAL CO-OPERATION PROJECTS**

## WO-MEN: GENDER EQUALITY CREATES DEMOCRACY

**Gender equality education for policy and decision  
makers, adult educators and leaders of NGOs**

**Electronic manual for trainers in English**



**Fin. Agr. no.: 109771-CP-1-2003-1-LT-GRUNDTVIG-G1**

## ABOUT THE PROJECT "WO-MEN: GENDER EQUALITY CREATES DEMOCRACY

The project aims to promote European values on gender equality and democracy through lifelong learning and to contribute to the process of EU enlargement by enabling the sharing of good practice with regard to gender equality structures and policies between Western countries, (where this process started more than twenty years ago) and the accession countries, (in which gender equality policies exist only at a conceptual stage).

The main activities are orientated towards stimulating the demand for lifelong learning on gender equality and developing social partnerships between organisations from civil society and the political world in order to bring about gender equality initiatives for the most disadvantaged people.

The main outputs of the project are:

- Comparative analysis of the structures of gender equality machinery in the countries involved.
- Good practice guide on the implementation of innovative measures in the partner countries to promote gender equality through lifelong learning.
- Survey report on indicators of gender equality/inequality.
- Needs analyses on lifelong learning training on gender equality for decision and policy makers, educators and managers of adult education organisations, as well as leaders of NGOs.
- Curriculum and Electronic manual on CD-ROM "Gender equality education for policy and decision makers, adult educators and leaders of NGOs".
- Trans-national training course for the further training of adult education staff to work with the prepared CD-ROM, matching this course to a Grundtvig 3 programme.
- Project Website.
- Leaflets about the project activities, outcomes and results.
- International seminar "Promoting Gender Equality through Social Partnership and Education".
- Conference "Gender Equality Creates Democracy"

### GENDER EQUALITY TRAINING (GET) FOR DECISION MAKERS, EDUCATORS AND LEADERS OF NGO'S

This course is one of the results of the EC Grundtvig 1 project "WO-MEN – Gender equality creates democracy" and is built on the basis of survey "Needs analysis on lifelong learning training on gender equality", which was completed in 7 European countries (Austria, Finland, United Kingdom, Czech Republic, Bulgaria, Romania, Lithuania). More information about this survey and the project itself could be found at <http://www.gender-equality.webinfo.it>.

It has to be stressed that sustainable, democratic development of the society cannot be realized without gender-balanced policies taking into account representation, resources and results. The main aim of the GET course is to stimulate demand for lifelong learning on gender equality through the development of social partnership between organisations from civil society and political environment.

The **general objectives** of the GET course are the following:

- To improve understanding of gender equality and gender mainstreaming at European level.
- To analyse and compare existing national policies and national machineries on gender equality.
- To encourage balanced participation of men and women in various aspects of local development in all spheres of life.
- To exchange good practices.
- To define the ways of influencing public policy on gender equality issues.

**Target Group:** The GET course targets policy and decision makers, adult educators and leaders of NGOs who have the ability to influence and improve gender-balanced policies at local, regional and national levels. It also seeks to develop social partnership between organisations from civil society and the political environment to bring about gender equality initiatives.

**Structure of the GET course:** the course is flexible: some of specific modules may be delivered independently of the other modules within the Curriculum, or as part of an in-service training course or any other training programme.

<b>I. Theory &amp; practice:</b>	<b>12 ac. hour</b>
1. Aim and objectives of the course.	0,3
2. Gender equality in European Union (machinery and policies)	0,6
3. National machineries and policies on gender equality	0,8
4. Gender and political and public life	1,0
5. Gender and labour market	1,0
6. Gender and health	1,0
7. Gender and family	1,0
8. Gender and violence	1,0
9. Gender and social life (with special emphasis on ageing population)	1,0
10. Gender and education	1,0
11. Gender and rural areas	1,0
12. Gender and economic development	1,0
13. Lifelong initiatives and projects on implementing gender equality in Europe	1,3
<b>II. Student's work (at home)</b>	<b>12 ac. hours</b>

#### Value of the GET course (ECTS, contact hours)

Course has the value of one credit of the European Credit Transfer System for non-formal adult education. Total course duration is of 27 academic hours, including: 15 contact academic hours (12 academic hours for theory and practice and 3 academic hours for certification) and 12 academic hours for student work (at home).

#### Learning outcomes / competences

By the end of the course the participant will be able to:

- Understand the basics of gender equality as well as European Union gender mainstreaming policy.
- Analyse European and national policies regarding gender equality.
- Evaluate gender machineries of different countries and develop suggestions for their improvement.
- Analyse key issues related to gender equality in political and public life, in the labour market; health, family life, violence, social life, education, rural areas and in economic development.
- Define new ways of implementing gender equality practices.
- Utilise existing projects, good practices and networks for improving situation on gender equality.
- Influence the policy for improving gender balance at regional, national and international levels.
- Create awareness and define ways to ensure equal opportunities for women and men.

The training materials are developed for trainers and consist of the **Curriculum** and **Electronic Manual on a CD-ROM**. The Curriculum is available in English and the national languages of the partnership (German, Finland, Czech, Bulgarian, Romanian, and Lithuanian). The **Manual** is available in English language. The Electronic Manual is developed on the basis of the Curricula and includes theoretical chapters on the above mentioned modules, Power Point presentations for each module and practical exercises. The manual on a CD-ROM is developed for trainers and has double value: it could be used for preparation to the lectures by reading and printing necessary information, but as well it could be used by trainer during the lecturing by employing the Power Point Presentations prepared for each module.

Additionally to the articles on the main topics of the Curriculum, the CD-ROM includes practical exercises, glossary of the main terminology and links with other projects and networks on the issues of gender equality. The exercises intend to represent a way of making the best of the theoretical knowledge, showing the trainees how to handle and use different types of information & data. In the same time, the practical exercises constitute a didactic support for the trainer, who can better exemplify the theoretical aspects and facilitate understanding in his/her relation with the trainees. Practical Instructions about the duration and concrete tasks of each theoretical and practical part of the course are given in the CD-ROM in the parts "Trainer's guide".

If you have any questions about the project or the GET course, you may address to the coordinating institution of the project - the **Social innovation Fund** - or to the partners of the project directly. You can find all contact information at the project's web-site at:

<http://www.gender-equality.webinfo.it>